Tunbridge Wells Harriers

Bye Law 1 - Competition Rules

1. When representing the Club or taking part in any Club organised activity, members are required to adhere to the Club Code of Conduct.

2. Members of the Club competing in the name of the Club in any event are to wear Club racing colours, unless running in aid of a charity, in which case the Member may wear the charity's vest.

3. For the purposes of club records, performances are measured within the following age categories:

   3.1. Men: Senior (18-39), M40-44, M45–49, M50-54, M55-59, M60-64, M65-69, M70-74 and in further 5-year age groups as required.

   3.2. Women: Senior (18–34), F35–39, F40-44, F45-49, F50-54, F55-59, F60-64, F65-F69 and in further 5-year age groups as required.

4. For the purposes of club championships, club awards are made for the winners of the following age categories:

   4.1. Men: Senior (18-39), M40-49, M50-59, M60-M69, M70 (and over)

   4.2. Women: Senior (18-34), F35-44, F45-54, F55-F64, F65 (and over)

5. Competitors are eligible to win the award for their own age category, together with that for the senior category.

6. All full members of the Club, whether first or second claim, are eligible for Club awards and to set Club records provided that their performances are achieved while either:

   6.1. competing for the Club in an open or association event (where the current rules of the relevant governing body concerning second claim eligibility apply), or

   6.2. competing in a Club event.